

In-Person Grassroots Licenses (Blended) are four-hour courses that build on the principles covered in U.S. Soccer's Introduction to Grassroots Coaching Module. Specifically, coaches will learn more about U.S. Soccer's Grassroots Coaching Education Philosophy, Play-Practice-Play Methodology, the Six Tasks of a Coach, and the characteristics of players aged 13 and older. The course will also ask each coach to reflect on their experiences to develop action steps for personal growth in the Six Tasks (Coaching Games, Coaching Training Sessions, Leading the Team, Leading the Player, Managing the Performance Environment, and Leadership).

Coaches will be asked to participate in discussions so each person should have access to a web-camera/live video capabilities. Coaches may be asked to participate in the field component as either coaches or players, so please come prepared to actively learn. Coaches may be asked to participate in the field component as either coaches or players, so please come prepared to actively learn.

Eligibility Requirements: In order to register for a Grassroots Blended Course, candidates must be at least 16 years old* and have completed U.S. Soccer's Introduction to Grassroots Coaching module. This module can be accessed here. <https://learning.ussoccer.com/coach/courses/available/16/details/1546>

*Due to online privacy laws, individuals under the age of 16 cannot create Learning Center (LC) profiles, and thus are unable to take Grassroots Courses.

Blended National D License Course Details: The Blended National D license is a 40 to 45-hour course with online experiences and ends with a one-day on-field component. The course is designed for the grassroots coach working with youth players U6 to U13 in a participation driven environment and focuses on all four game models as outlined in the Player Development Initiatives (4v4 / 7v7 / 9v9 / 11v11).

The goals of the course are to help coaches understand how:

- to create game-like training sessions that encourage players' ownership (decision-making)
- to create a game-day environment that encourages players' ownership (decision-making)

The learning objectives of this course are to facilitate coach improvement in the Six Tasks of a Coach with an emphasis on developing the team and individual players by learning how:

- to demonstrate an understanding of developmental stages & age characteristics
- to observe the game, recognize formations and all player actions
- to further develop a comprehensive understanding of Play-Practice-Play methodology
- to organize, execute and reflect on 2 Play-Practice-Play training sessions based on the same goal in 1 week
- to demonstrate an understanding of how to inform, involve and inspire parents

Coaches who register for this course can expect up to 3 to 5 hours weekly learning opportunities that will feature a mixture of independent learning using online modules and live virtual meetings led by a licensed U.S. Soccer Instructor.

Coaches will be asked to participate in discussions so each person should have access to the internet and a web-camera/live video capabilities.

There are multiple ways in which candidates will meet virtually for the course. The most common are large group meetings, mixed group meetings and instructor group meetings.

Please consider your personal schedule when registering. It is mandatory to attend all virtual meeting dates.

Coaches may be asked to participate in the field component as either coaches or players, so please come prepared to actively learn. Candidates that register for this course are expected to attend all course meetings to be eligible to receive the license.